

**My Care Record enables health and care professionals to access information about you to improve your care.**

*Providing you with*



**Better co-ordinated and seamless care**



**Quicker diagnosis and treatment**



**More time to spend on clinical care**



**Less paperwork and less repetition**



**Fewer unnecessary clinical tests**



**More accurate prescriptions**



**Better health and care planning**

# What is *My Care Record*?



*My Care Record* Record is an approach to improving care by joining up health and care information in our region. Wherever possible, health and care professionals will be able to access your records from other services when it is needed for your care. For example, a doctor treating you in hospital or a nurse working in the community could view the information they need from your GP record.

Certain information – that doesn't identify you – will also be used to help improve services and plan for the future.

Find out more at [www.mycarerecord.org.uk](http://www.mycarerecord.org.uk)

**If you would like information in an alternative format, for example, large print or easy read, please let us know. Contact details are available on our website.**